

What is Claimed:

1. An adjustable body support device for applying supportive pressure to spaced areas of a human torso comprising,

spaced apart first and second bodies of resilient compressible material, and

at least one adjustable member extending between central portions of the first and second bodies for adjustably and rigidly maintaining the end to end spacing between the first and second elongated bodies to allow the support device to support a human torso at two spaced locations and to provide a non-contact area for the human torso.

2. The device of claim 1 wherein the at least one adjustable member is a rigid telescoping member.

3. The device of claim 2 further comprising at least one sliding non-rigid member connecting the first and second bodies.

4. The device of claim 1 wherein the at least one adjustable member is a screw extending between the first and second bodies and with at least one nut proximate the end face of at least one of the bodies.

5. The device of claim 4 further comprising at least one sliding non-rigid member connecting the first and second bodies.

6. The device of claim 1 wherein each of the bodies is formed about and adhered to an adjustable member.

7. The device of claim 6 wherein at least one of the bodies is formed about a tube which protrudes from an end face of one of the bodies and wherein the tube is adapted for releasably attaching to the at least one adjustable member.

8. The device of claim 7 wherein the at least one of the bodies is formed about the tube by molding.

9. The device of claim 1 wherein at least one body has a triangular cross-section.

10. The device of claim 9 wherein the triangular cross-section is a right triangle cross-section.

11. The device of claim 1 wherein at least one body has a circular cross-section.

12. The device of claim 1 wherein the first and second bodies each have a triangular cross-sectional shape and wherein the bodies are joined with the adjustable member intersecting each body proximate the central portion of an end face and not near an edge of the end face.

13. The device of claim 1 wherein the first and second bodies are joined with one or more adjustable members intersecting each body proximate the central portion of an end face and so that no adjustable member underlies a body support surface.

14. The device of claim 2 wherein the at least one adjustable member comprises telescoping tube segments.

15. The device of claim 14 wherein the telescoping tube segments have a spring member with one end of the spring attached to the inside of the smaller diameter segment so that a pin on the distal end of the spring protrudes through aligned holes in the telescoping segments to lock them together.

16. The device of claim 1 further comprising a removable cover member for covering at least one of the bodies of resilient compressible material.

17. The device of claim 16 wherein the cover member has one or more pockets for holding hot or cold packs.

18. The device of claim 1 wherein at least one of the bodies is made from foam rubber.

19. The device of claim 1 wherein at least one of the bodies is an inflatable member.

20. The device of claim 1 wherein at least one of the bodies is an elongated member.

21. An adjustable body support device for applying supportive pressure to spaced areas of a human torso comprising,

first and second elongated bodies of resilient compressible material,

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each elongated body being shaped to be placed in spaced end to end fashion with each other for providing support for a human torso, and

a plurality of adjustable telescoping members extending between central portions of the first and second bodies for rigidly adjustably maintaining the end to end spacing between the first and second elongated bodies.

22. An adjustable body support device for applying supportive pressure to spaced areas of a human torso comprising,

first and second elongated bodies of resilient compressible material,

each elongated body being configured to have at least one end placed in spaced end to end fashion with one other for providing support for a human torso,

a first tube protruding from at least one end face of at least one of the first and second elongated bodies and being shaped for adjustably connecting to a second tube, and

the second tube being connected to the other body and in adjustable telescoping relation to the first tube and extending between central portions of the first and second elongated bodies for adjustably maintaining an end to end spacing between the first and second elongated bodies.